

Sanatan Dharma Kendra

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“Dharmo Rakshati Rakshitaha” which means Dharma protects those who protect it.

Hindu mythology has always given great importance to the way our life is affected by the surrounding atmosphere and also by the lifestyle created within us. In today’s busy world we are getting accustomed to westernization and losing our core values and benefits behind our cultural practices. We should start realizing the scientific reasons behind each and every cultural practice. In this article we are trying to provide you with information on few facts for family welfare. These 9 signs also called as “Sumangalya Lakshana” (Signs which provides overall welfare) for ladies. These facts have been very clearly mentioned and elaborated in ancient scriptures like Manu Smriti, Yajnavalkya Smriti, Vashista Smriti, Yama Smriti, Shankalikhita Smriti, Parashara Smriti, Achara Smriti, Vyavahara Smriti, Mahabharata and Ramayan.

We are providing few details on these 9 signs of Sumangalya for ladies which benefits everyone.

1) Wearing Bangles to both hands. Especially on left hand.	Removes the bad rays and psychic vibrations. It also improves the welfare of the kids.
2) Wearing the Saree (Especially one which has a border and pallu)	It provides the wealth and respect to the women.
3) Kumkum Tilak in the middle of the forehead. Always need to be red in color, if there is a sorrow at home it is suggested to wear a yellow or white tilak.	It is believed that Brahma writes the fate in the forehead when we are born. By wearing the tilak it eliminates the bad karma in our fate. It is also mentioned that one should not wear the tilak in between the eyebrows, this will bring bad omen. One scripture says a person has to stop his journey if he see’s a woman with a tilak in between her eyebrows.
4) Wear Mangala Sutra at all the times. It doesn’t matter what it is made of (thread or gold).	This one improves the health and life of wearers’ husband. It also provides god’s blessing to her husband.
5) Wearing the Ear Rings . Especially it has to be gold ones.	This provides good omen and wealth to her. As per scriptures women has to wear minimum 5 pair ear rings.
6) Nose Ring (One each on both sides of nose)	Provides external and internal happiness. It’s also called the “Soubhagya” lakshana. This provides good deeds and luck.
7) Toe Rings (Both the legs)	It helps and protects the well being of uterus and other reproductive genetic glands.
8) Hair Grooming: Weaving and properly tying with a knot	This removes bad omen and bad rays. It’s believed that the untied hair attracts bad thoughts and vibrations. Thus it creates mental tension and instability in thought process. One of the scripture quotes that, if some one finds hair in the served food, the person whose hair has been found will suffer with sorrow.
9) Wearing a Flower in the head.	This symbolizes to take every feeling & thoughts in light hearted ways .It eliminates the worries.

We kindly request you to abide all of the above 9 signs at all the times, especially when you are visiting the temple, performing religious or pious deeds. These will benefit and protect you and your loved ones.

We strive to enhance the core values and welfare of all human beings through the belief and knowledge captured from our Santana Dharma.

Sarve Jana Sukhino Bhavantu . Samasta Sanmangalani Bhavantu